



Cruise : MEDITERRANEAN Genoa,Civitavecchia,Palermo,Valletta,Barcelona,Marseille,Genoa		
Cruise Ship:	MSC WORLD EUROPA	
Departing from:	Genoa (Portofino), Italy	
Itineraries:	Civitavecchia (Rome), Palermo (Monreale), Valletta, Barcelona, Marseille (Provence)	
Departure Date:	19/11/2023	
Duration:	8 Days, 7 Nights	

Civitavecchia (Rome)

Mon 20 November 2023

CULTURE AND HISTORY

ROME, BAROQUE TOUR - CIV02

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Duration 9 h

Rome - one of the world's most iconic cities, steeped in history and rich in Italian charm - awaits you after an approx. 1.5-hour coach drive from Civitavecchia. A city guide will be on hand to meet you on arrival and then escort you on a coach sightseeing Roman tour that includes external viewing of Caracalla's Baths, the Circus Massimus, the Colosseum, Constantine's Arch, and the Palatino. Next, leave the coach and enjoy a 1.5-hour walk on an itinerary that includes Fontana di Trevi, the Pantheon - one of Rome's best-preserved ancient Roman temples - and Roman Baroque Piazza Navona. After some time to have lunch on your own, you will reach San Pietro area with the splendid Bernini Column: you will have 1-hour free time to explore on your own or to visit the Basilica - your guide will provide information on the site beforehand. The excursion ends with a coach drive back to Civitavecchia after saying goodbye to your guide in Rome.

Please note: The cost of the lunch (optional) is not included in the price of the tour. There may be long queues to enter St. Peter's Basilica, and it may close at short notice for reasons beyond MSC's control. The opportunity to visit the site during your free time will be reconfirmed during your cruise. Guests using a wheelchair are welcome to participate in this tour but should be aware that it includes long periods of walking, that they must be accompanied by a paying helper to assist with getting on and off the coach, and that wheelchairs must be collapsible/foldable, as the coach has neither a ramp nor a lift. Guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. Guests are requested to wear appropriate attire for religious visits. It may be dusk in autumn or winter while visiting some of the sites.

Wheelchair and disabled-friendly tour - Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.

Price per adult (14 yrs and up) $85 \in$ Price per child (up to 13 yrs) $60 \in$

SCENIC ROUTE

ROME ON YOUR OWN - CIV03



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This unguided tour of Rome begins with an approx. 1.5-hour drive by coach, after which you can spend the entire day exploring "The Eternal City" - the capital of Italy - at your leisure. You will receive instructions on how best to get around town and a map showing the main sights and monuments. Some of the must-sees Rome is known for include the Colosseum and the Roman Forum, the Pantheon, the beautiful Piazza Navona in old Rome and the neighbouring Vatican City State in Rome's modern centre, to name but a few. As one of the world's fashion capitals, the city is also choc-full of superb shopping facilities. Further sights include the magnificent Bernini Column on St. Peter's Square, which is also the site of the Pope's Sunday Angelus.

Please note: the bus stops near "Piazza del Popolo"; this is the point of arrival and departure of your tour. The cost of the lunch (optional) is not included in the price of the tour.



CULTURE AND HISTORY

GRAN TOUR OF ROME, THE ETERNAL CITY - CIV07



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This excursion combines two of the most important aspects of Rome: Christianity and antiquity. Bus transfer to Rome (1.5 hours) to meet our guide and start the tour with an inside visit to the Colosseum, also known as the Flavian Amphitheatre. We will look around this impressive edifice, built to hold up to 50.000 people and where the Romans used to watch the cruel gladiators' combats. The tour continues with a stroll around Trevi Fountain, Piazza Navona and the Pantheon, an ancient temple built in honour of seven important Roman deities. Stop for lunch in a typical Italian restaurant. The afternoon will be for the home of Christianity as we pay a visit to St. Peter's Square: free time to explore the square or to visit the Basilica independently after receiving information from the guide outside the site. After leaving our guide in Rome, we will return to the port.

Please note: Guests using a wheelchair are welcome to participate in this tour but should be aware that it is completely on foot, that they must be accompanied by a paying helper to assist with getting on and off the coach, and that wheelchairs must be collapsible/foldable, as the coach has neither a ramp nor a lift. Guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. St. Peter's Basilica and the Colosseum have ramps for wheelchair users. It may be dusk in autumn and winter while visiting some of the sites. Guests are requested to wear appropriate attire for religious visits. The restaurant lunch may be earlier or later depending on the day of call. There may be long queues to enter St. Peter's Basilica, and it may close at short notice for reasons beyond MSC's control. The opportunity to visit the site during your free time will be reconfirmed during your cruise. The entrance ticket to the Colosseum is included. Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. This excursion is not available on the first Sunday of the month.

Wheelchair and disabled-friendly tour - Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.

Price per adult (14 yrs and up) 135 € Price per child (up to 13 yrs) 95 €

ROME & THE WONDERS OF THE VATICAN MUSEUM - CIV08



A 1.5-hour bus transfer will take you to Rome where your guide will provide a sightseeing tour of Rome's key monuments including the Aurelian Walls, the Pyramid, Caracalla's Baths, the Circus Massimus, the Colosseum and the romantic "Lungotevere": all from the comfort of your coach. We will proceed to the Vatican area where, after a short walk, you will reach the Vatican Museum. This excursion allows you privileged access to the site, avoiding the long queues. Enjoy a guided tour inside one of the world's most famous museums, admiring the masterpieces commissioned by the Roman Popes and which have been collected and preserved during the ages. See inside the Sistine Chapel, marvel at the exquisite frescoes by Michaelangelo and other XV century artists from Tuscany and Umbria. Free time for lunch (not inclusive) followed by a guided tour of "Piazza San Pietro" before the unguided return to the port.

Please note: It may be dusk in autumn and winter while visiting some of the sites. Guests are requested to wear appropriate attire for religious visits. The Vatican Museum may close at short notice for reasons beyond MSC's control; have the visit to the venue reconfirmed during your cruise. The cost of the lunch (optional) is not included in the price of the tour. This tour is not available on Sunday calls.

Price per adult (14 yrs and up) 135 € Price per child (up to 13 yrs) 95 €

SCENIC ROUTE

ROME SIGHTSEEING - CIV09



Leave the port for a 1.5-hour drive to Italy's capital city and experience one of the most comfortable ways to visit Rome with a sightseeing coach tour of all the attractions that make up this "Eternal City". You will see the Cestia Pyramid, Caracalla Baths, "Circus Massimus", the Colosseum as well as St. John's Square, St. Mary Major, Via Veneto, Villa Borghese, and the romantic "Lungotevere". We will then drop you off at the Vatican where you will have free time to wander the tranquil backstreets of the Vatican State or visit Saint Peter's Basilica on your own. The return to the port will be unguided.

Please note: guests will meet guides in Rome. There may be long queues to enter St. Peter's Basilica, and it may close at short notice for reasons beyond MSC's control. The opportunity to visit the site during your free time will be reconfirmed during your cruise. Guests are requested to wear appropriate attire for religious visits.

Wheelchair and disabled-friendly tour - Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.



CITY TOUR

TUSCANIA AND TARQUINIA - CIV22



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The origins of Tuscania goes back to the myth and legends; some want the town to be founded by Hercules' son, some others by Aeneas' son, Ascanius. Your excursion will begin with a 50-minute coach drive across the beautiful landscape until reaching the village of Tuscania. Enjoy a guided walking tour of its historical centre, surrounded by medieval walls and marvel at the view from the Tower of Lavello. Your guide will point out the village's main sights including the Church of Saint Peter; a unique opportunity to feel the atmosphere of central Italy's little village. Next, after boarding your coach again, you will drive to Tarquinia, one of the 12 Etruscan cities in the past. Your guide will take you on an interesting itinerary to discover of this important village in the heart of Tuscia territory.

Please note: this tour is unsuitable for guests with walking difficulties. Guests are requested to wear appropriate attire for religious visits.

Price per adult (14 yrs and up) $69 \in$ Price per child (up to 13 yrs) $48 \in$

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SCENIC ROUTE

DISCOVERING THE "CASTELLI ROMANI" - CIV72

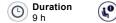
Duration 8:30 h

After a 110-minute drive, meet the guide at the gates of Rome and proceed the journey to the Roman Castles, a wonderful green region with 17 villages on the hills overlooking the Eternal City. The first stop will be the city of Frascati, dominated by the majesty of Villa Aldobrandini summer residence of the noble family built for the Cardinal Pietro nephew of Pope Clemens VIII in the XVI century. A beautiful view of the Eternal City from the terrace of the main square, the Baroque Cathedral of St. Peter's and the narrow streets of the village will be the highlights of a guided walking tour. After this, a 15 minutes drive will take you to the village of Castel Gandolfo, summer residence of the Popes since 1623 and once Villa of the Roman Emperor Domiziano. The main square, facing the Papal building, overlooking Lake Albano, and affording great views, is also decorated with a fountain designed by the Master Gianlorenzo Bernini. The village also holds several shops selling souvenirs, craft, and food so you will have free time to have lunch or taste an ice cream or other specialities. Leaving Castel Gandolfo behind, next destination is the village of Nemi, once theatre of religious rites dating back to Emperor Caligula, and now renowned for flowers and wild strawberries and the beautiful volcanic lake below. After a stroll along its narrow streets and flowered Piazza overlooking the lake, enjoy some free time to explore on your own. Amazed by the beauty of the Roman countryside, the coach drive to Civitavecchia concludes this full-day tour.

Please note: The cost of the lunch (optional) is not included in the price of the tour. Guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part.

Price per adult (14 yrs and up) $69 \in$ Price per child (up to 13 yrs) $48 \in$

THE ETERNAL CITY BY PEDAL POWER - CIVBK1



Dedicate a day to exploring the Eternal City on a gentle biking route through mainly pedestrianised areas and side roads with little traffic. First, though, you'll board a coach for the transfer to Circus Maximus, from where you'll then follow your guide by bike. The escorted tour will take you past such iconic landmarks as the Capitol, Pantheon, the fountains on Piazza Navona, Castel Sant'Angelo, the world-famous Spanish Steps and the equally notable Trevi Fountain, the one in which it is customary to toss a coin for good luck. Also, on the cycling itinerary are views of the Roman Forum, People's Square and Villa Borghese and the Colosseum. A stop is scheduled at St. Peter's Square, home to St. Peter's Basilica, so you can have a bit of a breather and enjoy the surroundings. Your bike ride will also include plenty of stops to take photos of all you see and at the end, you'll rejoin your coach for the relaxing return journey to your ship.

Please note: Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent.

THE ETERNAL CITY BY E-BIKE - CIVBK2



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Dedicate a day to exploring the Eternal City on a gentle biking route through mainly pedestrianised areas and side roads with little traffic. First, though, you'll board a coach for the transfer to Circus Maximus, from where you'll then follow your guide by bike. The escorted tour will take you past such iconic landmarks as the Capitol, Pantheon, the fountains on Piazza Navona, Castel Sant'Angelo, the world-famous Spanish Steps and the equally notable Trevi Fountain, the one in which it is customary to toss a coin for good luck. Also, on the cycling itinerary are views of the Roman Forum, People's Square and Villa Borghese and the Colosseum. A stop is scheduled at St. Peter's Square, home to St. Peter's Basilica, so you can have a bit of a breather and enjoy the surroundings. Your bike ride will also include plenty of stops to take photos of all you see and at the end, you'll rejoin your coach for the relaxing return journey to your ship.

Please note: Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent.



Palermo (Monreale)

Tue 21 November 2023

CULTURE AND HISTORY

PALERMO AND MONREALE - PMO02

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Your excursion begins with a coach tour past the city's key landmarks, such as the Quattro Canti, Piazza Politeama and the Teatro Massimo, en route to Monreale, a town located on the slope of Monte Caputo and just 8 km away from Palermo. Enjoy a walking tour around the town and visit the Cathedral, home to an exquisite display of golden mosaics depicting scenes from the Old and New Testament. Back on your coach, enjoy the drive to Palermo for a full visit of the Cathedral, built in an unusual marriage of Norman and Arab architectural styles and which houses the tombs of different Norman kings and Emperor Frederick II. Another religious site of note is the "Casa Professa", one of the most important baroque churches in Palermo. You will also visit a local market rich in typical Sicilian products where you can enjoy some free time for shopping before returning to the ship.

Please note: you have to walk up some steps to visit the Cathedral in Monreale. The guide will give explanation only outside the sites; guests will visit them individually. If the Cathedrals are closed on public holidays or during special events, the visit will be external. Guests are requested to wear appropriate attire for religious visits. This tour includes periods of walking, at times over uneven surfaces; guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. Guests will be required to return their audio guide equipment to their tour guide in perfect condition at the end of the tour. Guests will be charged for any damage to or loss of audio guide equipment.

Price per adult (14 yrs and up) 55 € Price per child (up to 13 yrs) 39 €

CEFALU' - PMO04



Enjoy a 1-hour coach drive to Cefalù, a small yet pretty town situated one hour away from Palermo and which was founded by the Norman King Roger II in the XII century on the site of an earlier historic settlement. You will visit Cefalù Cathedral, the "Duomo del Cristo Pantocratore", an example of Norman-Romaneque architecture with stunning interior Norman-Byzantine mosaics. Next on the list is the visit to the medieval lavatory, a public lavatory where people used to wash their clothes in the Middle Age and fully restored in 1991, a legacy of medieval times, carved into the rock. Enjoy a guided walk along the historical centre and some free time to explore the narrow, atmospheric streets. Quality local craft shops make Cefalu a great place for souvenir shopping.

Please note: this tour includes walking on uneven ground and is unsuitable for guests with walking difficulties. If the Cathedral is closed on public holidays or during special events, the visit will be external. Guests are requested to wear appropriate attire for religious visits

Price per adult (14 yrs and up) 62 € Price per child (up to 13 yrs) 43 €

PROTECTOURS: WALKING TOUR OF PALERMO - PMO20





This appealing outing gives you a chance to team a little gentle exercise with seeing the sights of Palermo, Sicily's capital city, on foot. Your guided walking tour begins on Via Francesco Crispi, a large boulevard leading to Piazza XIII Vittime and its monument to 13 victims of the notorious mafia. A short photo stop is scheduled there, after which you'll continue your walk down Via Cavour, then past the well-known Teatro Massimo and Quattro Canti, an octagonal square flanked by a number of Baroque buildings. You'll also get to see Piazza Pretoria and Piazza Bellini en route to the ancient Vucciria marketplace and Piazza San Domenico before you return to the port and your ship.

Please note: This tour includes approximately 1.5 hours of moderate walking, at times over uneven surfaces. Guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part.



CULTURE AND HISTORY

PALERMO SIGHTSEEING TOUR & VISIT TO TEATRO MASSIMO - PMO48



Palermo's Teatro Massimo, the third largest opera house in Europe, is part of this half-day excursion, along with a panoramic tour of the city. The first part of the excursion is dedicated to photography enthusiasts, who will be able to capture the splendid panorama of Palermo from the 610-metre-high Monte Pellegrino. Back in the city, the itinerary includes an overview of Mondello, famous for its beaches, and other short photo stops to capture the beauty of the gulf and then the Casina Cinese and Parco della Favorita. Arriving at the Teatro Massimo, the largest theatre in Italy, you will be fascinated by the structure with its huge dome and the façade that resembles a temple with columns. The tour inside will leave you even more breathless as you pass through the foyer, the hall of mirrors, to the great horseshoe shaped auditorium with 31 boxes including the royal box. Your guide will tell you a few anecdotes about the theatre, which could seat up to 3000 people, before leaving this marvel of opera and continuing the tour with a walk through the streets of Palermo. Follow the guide along Via Maqueda, past the 4 Canti, Piazza Pretoria and admire the Cathedral from the outside. And it is in this setting, comfortably seated in front of Palermo Cathedral, that you will pause to enjoy two Sicilian delicacies, an arancino (fried stuffed rice balls) and a cannolo (a sweet pastry filled with ricotta cheese), accompanied by a glass of passito wine. After some free time, the coach will take you back to the port, passing the monument dedicated to the victims of the Mafia.

Please note: This tour includes approximately 1 hour of moderate walking, at times over uneven surfaces. Guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call.

Price per adult (14 yrs and up) $63 \in$ Price per child (up to 13 yrs) $44 \in$

ACTIVE & ADVENTURE

PALERMO AND MONDELLO BY BIKE - PMOBK1

Duration 4:30 h



Fresh air, the best of Palermo, glorious coastal views, and time to spend in the seaside town of Mondello await you on this gentle, half-day biking tour. To begin with, you'll pedal through Palermo to check out the city's must-sees such as the originally late 12th-century Palermo Cathedral, the 9th-century Palace of the Normans and the late 19th-century Teatro Massimo, which is the largest in Italy and boasts perfect acoustics. Several photo stops will be made on the way so you can capture the stunning scenery. Leaving Palermo, you'll then head along a 10-km coastal route in the shadows of Monte Pellegrino to reach the fishing village of Mondello. You'll have time to explore the picturesque resort and take a moment to try some of the local cuisine before you cycle back to the ship.

Please note: Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent.

Price per adult (14 yrs and up) 59 € Price per child (up to 13 yrs) 45 €

CYCLING IN PALERMO & SURROUNDS - PMOBK2

Duration 5:30 h



Joining this outing is sure to give you a thorough workout as you pedal around Palermo's hinterland on an approx. 40-km route with a 600-m gain in elevation. After leaving the confines of the city, you'll first cycle through the village of Arenella to reach the foothills of Monte Pellegrino, Palermo's neighbourhood mountain. Then you'll climb 500 m on a 7km uphill trail to reach the Santa Rosalia pilgrimage site, dedicated to the patron saint of Palermo. Take a break and browse the souvenir stalls at the site before continuing onwards and upwards to reach one of Monte Pellegrino's nearby viewpoints - perfect for taking photos. Further photo-worthy vistas follow on the way down before you reach the Bay of Mondello, where a white sand beach and turquoise water await you. Time to relax or go for a refreshing swim will be yours at the beach, which is also served by numerous small cafés if you prefer to chill out with a drink. The final leg will give you one last chance to soak up gorgeous coastal views before you return to the ship.

Please note: the tour involves arduous and in part uphill cycling along an approx. 40-km route and is suitable only for guests with a high level of physical fitness. Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent.



Valletta

Wed 22 November 2023



VALLETTA AND MDINA - MLT01

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	4 h

When in Malta, you can do no better than to pay a visit not only the island's current capital of Valletta, but also the former capital of Mdina, both of which are the fascinating destinations on this half-day tour. Valletta is first up, where you will go to see the wonderful Barrakka Gardens - a beautifully landscaped public park - to savour breathtaking views of the Grand Harbour, after which you will head for St. John's Co-Cathedral, built by the Knights of Malta in the second half of the 16th-century. The ornately decorated interior is rich in treasures, including a masterpiece by Caravaggio. The tour then continues to the medieval walled city of Mdina, which is situated in the middle of the island and is also called "The Silent City" due to restrictions imposed on motorised traffic. You will get to visit the Baroque-style St. Paul's Cathedral, which presides impressively over the town, before enjoying a walk through the narrow streets and lanes of this piece of living history. Your tour then draws to a leisurely close with your return to the ship.

Please note: as your visit to Mdina and Valletta will be entirely on foot and involves long periods of walking, guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. Even though all sites visited are wheelchair-friendly, Valletta is mostly cobblestoned and might be uncomfortable for guests using a wheelchair. If they want to take part, they must be accompanied by a paying helper to aid with getting on and off the coach; wheelchairs must be collapsible/foldable since the coach has neither a ramp nor a lift. If the tour falls on a Saturday afternoon and on Public/National Holiday, the visit to the St. John's Co-Cathedral will be external only and guests will visit the National Museum instead. St. John's Co-Cathedral may close without prior notice for religious service. Guests are requested to wear appropriate attire for visits to sites of religious importance. This tour is not available on Sundays.

Price per adult (14 yrs and up) 62 € Price per child (up to 13 yrs) 43 €

RABAT. MOSTA. MDINA - MLT03



Rabat. Mosta. Mdina

Price per adult (14 yrs and up) $55 \in$ Price per child (up to 13 yrs) $39 \in$

SOMETHING SPECIAL

HARBOUR CRUISE & WINE TASTING TOUR - MLT04

Duration 3:30 h



To visit Malta's impressive natural harbour, leave your ship and board a motorboat to embark on a relaxing trip along the scenic Maltese coastline, along the way passing by the lovely Cottonera area made up of Senglea, Cospicua and Vittoriosa, which are collectively known as The Three Cities. Nearly opposite Cottonera lies the Maltese capital, Valletta, with its remarkably imposing bastions. The city has retained much of its architectural heritage and one of its most iconic sights is Valletta waterfront, a marvel of 18th-century Baroque architecture that has been extensively restored. Do take your camera to capiture awe-inspiring views of the waterfront, while also enjoying a wine-tasting session at this unique location. Before returning to the ship, you will stop briefly at the Mdina glass outlet at the Valletta waterfront.

Please note: the tour is subject to wind/sea conditions on the day of the call. The access to the boat is through a narrow gangway. Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call.



CULTURE AND HISTORY

THE NEOLITHIC TEMPLES & MARSAXLOKK BAY - MLT10



The islands of Malta and the nearby Gozo are home to an intriguing set of eleven prehistoric monuments, seven of which are classed as UNESCO World Heritage Sites, namely the marvellous Megalithic Temples of Malta. One of these fascinating sites of early engineering and worship forms the first stop on this half-day tour and will take you to the southeast of the island. These temples are among the oldest free-standing buildings ever found in the world - some pre-date the Egyptian pyramids - and make highly evocative representatives of a bygone age. You will then continue on to the pretty fishing village of Marsaxlokk, situated on the shores of Malta's second-largest natural bay, to see the traditional, brightly coloured "luzzu" fishing boats. In keeping with a seafaring tradition that possibly goes back as far as the Phoenicians, all of these luzzi have a pair of eyes painted on the bow, perhaps to make sure they always know where they're going. A panoramic drive through "Cottonera area" with a walking tour of the historic town of Vittoriosa - one of the three Historic Cities - comes next before reaching the port and your cruise ship.

Please note: this tour is unsuitable for guests with walking difficulties.

Price per adult (14 yrs and up) 49 € Price per child (up to 13 yrs) 34 €

SCENIC ROUTE

PANORAMIC ISLAND TOUR - MLT24

Duration 4 h



A carefully curated crop of Malta's must-sees is on the itinerary of this appealing half-day tour, which will first see you board a coach to reach Vittoriosa (a.k.a. Birgu), an old fortified town that the Knights Hospitaller made their first Maltese home in 1530. From here, a guided walk will take you past such key landmarks as the waterfront, the Malta Maritime Museum, and the late 17th-century St. Lawrence's Church. Next up is a drive to the fishing village of Marsaxlokk, where you'll have free time to explore and check out the local luzzus, colourful little boats with a pair of eyes painted on the bow. The custom is thought to date back to the Phoenicians and is supposed to protect fishermen from harm while at sea. You'll then head for the beautiful Blue Grotto at Wied iz-Zurrieq. Free time will be yours here for those who wish to take a 20-minute boat ride to see it up close (at extra cost). Return to the port and to your cruise ship.

Please note: the visit to Vittoriosa, Marsaxlokk and Wied iz-Zurrieq will be entirely on foot and involves long periods of walking. Moreover, paved roads in Vittoriosa can be very uncomfortable for wheelchair users. At Wied iz-Zurrieq the hill is very steep to reach the coffee shops at the lower level and the sea for those who want to do the boat trip. Guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. If wheelchair users want to take part, they must be accompanied by a paying helper to aid with getting on and off the coach; wheelchairs must be collapsible/foldable since the coach has neither a ramp nor a lift. There are two coffee shops/restaurants the same level of the coach park at Wied iz-Zurrieq.

Price per adult (14 yrs and up) 39 € Price per child (up to 13 yrs) 27 €

CITY CYCLE TOUR OF VALLETTA - MLTBK1





As you glide into Valletta's blue harbour, you'll see a mass of baroque palaces, 16th-century cathedrals, and neoclassical churches. This UNESCO-protected city was once hugely sought after, and its harbour was the setting for fierce battles. Malta's capital is even better in close-up and, on this cycling tour, you'll explore the place on 2 wheels. Your guide will first lead you to the Botanical Garden for a look at the local flora and some great views. You'll then pedal along the waterfront, passing fishing boats and expensive yachts. After a break at St. Julian, it's on to the Old Town, cocooned within medieval walls. You'll ride inside to see the Grand Master Palace: built way back in 1571 and used for centuries as the house of government, today it houses the President's office. Also, on the itinerary is the imposing St Paul's Cathedral - a carbon copy of London's version.

Please note: the distance covered on this biking tour totals approx. 20 km. Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent.

MARVELLOUS MALTA BY PEDAL POWER - MLTBK2

O Duration 6 h



Discover Malta on a pedelec, a bicycle with a small electric motor that assists you up to 25 km/h while pedalling. Leaving the port and the city of Valetta, you'll cycle out into the countryside along rural roads and small paths, towards the southern part of the island. After passing the local weekly market in the small village Marsaxlokk, you'll reach the east coast of Malta, where you will be rewarded with a fascinating panorama. A small path far from the usual tourist routes will take you to "Peter's Pool", a beautiful piece of coastline with various bathing possibilities. After an extensive swimming stop, you will return to Valetta, stopping briefly at the village of Marsaxlokk. Finally, enjoy a quick tour of the capital, with great views of the harbour from the Upper Barrakka Gardens, before cycling back to the port.

Please note: the distance covered on this biking tour totals approx. 35 km with a 350-m gain in elevation. Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent. A stop at the beach is included only during summer months.



Barcelona

Fri 24 November 2023

SCENIC ROUTE

PANORAMIC TOUR & SHOPPING - BCN02

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The fabulous city of Barcelona is well worth a visit and this whistle-stop tour will take you to see the key sights during an enjoyable half day off the ship. Upon leaving the port, your tour begins with a drive through Barcelona's main streets and squares. A short stop will be made at Montjuich Hill to take in the superb view over the city before moving on for a brief external viewing of the Sagrada Família, Gaudí's striking yet unfinished neo-Gothic masterpiece. Then, there will be time for you to enjoy some shopping visiting one of the biggest Shopping Mall of the city: Maremagnum. Conceived as an all-family entertainment facility rather than just a shopping center, its location already makes it special: almost completely surrounded by water and accessible through a sophisticated wooden lifting bridge called Rambla de Mar. After spending some free time strolling around the Mall, meet your guide again for the return to the ship. Alternatively, you can stay around the area longer and eventually have a glimpse of the nearby Las Ramblas too.

Please note: due to traffic restrictions around the area of the Sagrada Familía, the bus will stop close by and guests must walk approx. 15 minutes each way. Guests who decide to stay longer in the city will return to the port on their own using the shuttle service.

Wheelchair and disabled-friendly tour - Wheelchair guests must be accompanied by their own helper to get on/off the coach. Wheelchairs must be foldable as the coach is not provided with ramps or lifts. Once onboard, please contact Excursions Desk staff promptly so they can help make arrangements.

Price per adult (14 yrs and up) 49 € Price per child (up to 13 yrs) 34 €

CULTURE AND HISTORY

HIGHLIGHTS OF BARCELONA, MONTSERRAT & WINE TASTING - BCN37





Celebrated the world over for its fabulous architecture, Barcelona is yours to enjoy as your coach first takes you around the city's main sights on this all-day Catalan experience. The route will take you down Passeig de Gràcia, one of Barcelona's main boulevards, passing by Gaud's unfinished masterpiece, the incredible Sagrada Família. Leaving the breathtaking basilica behind, a location of equally awe-inspiring proportions is next: the jagged sandstone columns of the Montserrat Mountains and the abbey of Santa Maria de Montserrat, an impressive complex of buildings that affords glorious views of the countryside below. A key Catholic pilgrimage site and popular as a religious retreat, the abbey not only hosts a statue of the Virgin of Montserrat, aka the Black Madonna, but also a basilica with an ornately decorated interior. Some time to soak up the beguiling surroundings and have lunch on your own then follows, after which your travels continue by coach to the village of Sant Sadurni and the Cavas Vilarnau wine cellars. Apart from a chance to see how wine, sparkling wine and the bottle-fermented Spanish cava are made, you will also be able to please your palate during the tasting session that concludes your visit. The relaxing return drive to your ship brings your Catalonian outing to a close.

Please note: the guide will give explanation only outside the Monastery; guests will visit the site individually and are requested to wear appropriate attire for religious visits. This excursion is unsuitable for guests with walking difficulties. Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call. The cost of the lunch (optional) is not included in the price of the tour. This tour includes approx. 30-minute drive each way on a mountain, winding road. The visit to the winery may take place in the morning.



CITY TOUR

PROTECTOURS: A WALK IN BARCELONA, GASTRONOMIC SPECIALTIES AND SHOPPING - BCN40





Combine a pleasant walk in the fresh air with an exploration of some of Barcelona's most notable sights in the city centre with some opportunities to buy some local products. Begin with a short coach ride from the port to the first landmark being the Columbus Monument at the lower end of La Rambla avenue. Follow your guide on a pleasant walk down La Rambla en route to Barcelona's Barri Gòtic and the Neoclassical town hall at Plaça Sant Jaume. Next up are outside views of the Gothic Cathedral of Santa Eulàlia - Barcelona Cathedral - and information on this key site. Last on your walking itinerary is Plaça de Catalunya in the middle of town. And after admiring some of Barcelona's landmarks, you will have the opportunity to shop with your guide and discover some classic local products including the famous turrón and the Spanish jamón. A first stop will be at El Taller de Virginia, a local turrones and chocolate shop, founded almost 100 years ago and still producing some of the best sweet delicacies. Your guide will help you choosing the perfect gift for yourself or for friends and family. Then, stop at Enrique Tomas' shop, a company with 40 years of experience offering only the best Spanish jamones. The products are sold vacuum-packed, can be purchased, and taken on the ship. And to tempt you even more, there will be tastings in both shops. Afterwards, you will have free time to shop on your own; your guide will give you some tips on where to have a good memory of Barcelona. The tour ends at Plaza Cataluña and you can choose to remain in the city and make your way back to the port later or reach the place where the shuttle bus will transfer you to the port.

Please note: this tour is unsuitable for guests with walking difficulties as it includes long periods of walking. Guests will use the shuttle service to reach the starting point of the tour. Guests with any type of food intolerance are required to communicate it to the Shore Excursions Office at least two days before the call

Price per adult (14 yrs and up) 32 € Price per child (up to 13 yrs) 29 €

HIGHLIGHTS OF BARCELONA & PUEBLO ESPAÑOL - BCN57

O Duration 5 h



Take some time to discover beautiful Barcelona on this enjoyable sightseeing tour of the city. Your Barcelona experience begins at the spectacular Cathedral of the Holy Cross and St. Eulalia, the construction of which began at the end of the 13th- and continued into the 15th-century. The Cathedral is situated in Barcelona's Barri Gotic quarter, the city's largely intact medieval centre. The coach will also drive past three of the famous works by the architect Gaudí: you will pass by Casa Batlló and Casa Mila and then you will stop briefly to take pictures outside the Sagrada Família. Your tour will be rounded off by a stroll around the tranquil Poble Espanyol, a village purpose-built to display Spain's many different architectural styles, and a brief stop at Montjuich Hill for the fabulous views of the city. Your tour concludes with your return to the ship.

Please note: if the Cathedral is closed on public holidays or during special events, the visit will be external. Guests are requested to wear appropriate attire for religious visits. This tour includes long periods of walking and is not recommended for guests with walking difficulties. Due to traffic restrictions around the area of the Sagrada Familía, the bus will stop close by and guests must walk approx. 15 minutes each way.

Price per adult (14 yrs and up) 56 € Price per child (up to 13 yrs) 39 €

CYCLING TOUR OF BARCELONA - BCNBK1





Get up close and personal with the streets and iconic sights of Barcelona, from the saddle of a bike. As you follow your bike leader around the city's network of cycle paths, you'll find it's a really relaxed way of exploring. Enjoy great views of the harbour and have a glimpse of Montjuic castle from below, marvel at Antoni Gaudi's unfinished masterpiece, the immense Sagrada Familia, and trundle past quirky boutiques, antique shops, and tiny tapas bars in the city's Gothic Quarter. Cycle to the Museum of Art, and past the Olympic Harbour, and see the Statue of Columbus, the Arc de Triumph and Gaudi's wave-shaped Casa Mila townhouse. You'll also visit Las Ramblas, the famous boulevard buzzing with flower sellers, street artists and buskers, and there'll be time for a refuelling stop at a tapas or seafood bar along the way too

Please note: Guests will cycle for a total of 17 km. Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent.

BEST OF BARCELONA ON AN E-BIKE - BCNBK2



Tour the iconic sights of Barcelona on a pedelec, a bicycle with a small electric motor that assists you up to 25 km/h while pedalling. As you follow your guide around the city's network of cycle paths, you'll find it's a really relaxed way of exploring. Cycle up Mount Montjuic to check out the Olympic Stadium, enjoy great views of the harbour and Montjuic Castle, marvel at the immense Sagrada Familia, and trundle past quirky boutiques, antique shops, and tiny tapas bars in the city's Gothic Quarter. Cycle to the Museum of Art, and past the Olympic Harbour, and see the Statue of Columbus, the Arc de Triumph and Gaudi's wave-shaped Casa Mila townhouse. You'll also visit Las Ramblas, the famous boulevard buzzing with flower sellers, street artists and buskers, and there'll be time for a refuelling stop at a tapas or seafood bar along the way too.

Please note: Guests will cycle for a total of 25 km. Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent.



Marseille (Provence)

Sat 25 November 2023

CITY TOUR

AIX-EN-PROVENCE - MRS02

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We will leave Marseille port for an approx. 45-minute drive to the lovely town of Aix-en-Provence. The excursion starts with a visit to the famous XII century St. Saviour's Cathedral and gardens. The Cathedral was built on the site of a Roman Temple and dates from a period that spans the XI and XIII centuries. Fronted by a richly decorated Gothic-style portal with elaborately carved doors, the Cathedral is flanked on the north by an unfinished tower. Enjoy a pleasant walk (approx. 1.5 hours) through the historic town centre before reaching the famous Mazarino Quarter, a residential district created by Cardinal Mazarin's brother in the last half of the XVII century for the gentry of Aix en Provence. Enjoy some free time for shopping before boarding the coach to return to the port.

Please note: this tour includes long periods of walking on uneven ground; guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. Guests are requested to wear appropriate attire for religious visits.

Price per adult (14 yrs and up) 59 € Price per child (up to 13 yrs) 41 €

MARSEILLES CITY TOUR - MRS06

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Join us on a visit around this important maritime town. We will begin our excursion with a visit to the Basilica of Notre Dame de la Garde which stands majestically on top of a hill. The Basilica is made up of a lower and an upper church and was built on the site of an ancient chapel. Continue along the "Corniche" (coast road) where we will admire Borely Castle and garden (no inside visit). The excursion includes sightseeing in the centre of Marseilles and photos at Longchamps Palace before enjoying some free time in the "Vieux Port" (old port).

Please note: this tour includes walking uphill with some steps around the Basilica; guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. Guests are requested to wear appropriate attire for religious visits. The visit to the Basilica of Notre Dame de la Garde may be replaced with a visit to Marseilles Cathedral in case of special events.

Price per adult (14 yrs and up) $59 \in$ Price per child (up to 13 yrs) $41 \in$

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CULTURE AND HISTORY

DELUXE VISIT TO PROVENCE: AVIGNON & AIX-EN-PROVENCE - MRS14



While the sun-kissed shores of southern France make ideal holiday destinations, the delightful towns lying inland are equally worth a visit. Designed to let you savour two such jewels, the outing begins with an approx. 45-minute drive to Aix-en-Provence, where you will visit the Cathedral of the Holy Saviour. Sitting on the site of a former Roman forum and amalgamating a variety of architectural styles from the 5th- to the 17th-centuries, the Cathedral boasts a richly decorated Gothic façade with elaborately carved doors, and to the north of the building an unfinished tower. You will then walk through the historical district to reach the lovely Mazarin quarter, a residential area built for the town's gentry in the second half of the 17th-century. A chance to relax then follows on the approx. 90-minute drive up to Avignon, after which you'll have some time for lunch in one of the town's many brasseries before moving on to the monumental Papal Palace, the seat of Christianity in the 14th-century and now a UNESCO World Heritage Site. Rich in galleries and chapels as well as frescoes and hand-painted wall-hangings in the private papal suite, the palace still bears testament to its former opulence. The pleasant return drive to Marseille and your ship then brings the tour to an unhurried close.

Please note: this tour includes long periods of walking on uneven ground with stairs to negotiate; guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. Guests are requested to wear appropriate attire for religious visits. The cost of lunch (optional) is not included in the price of the tour.



CITY TOUR

MARSEILLE WALKING TOUR - MRS20



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Spend 2 hours off the ship enjoying the sunshine and stretching your legs in the fresh air on a leisurely walk around the lovely French city of Marseille, situated in the nation's deep south. You'll catch a shuttle bus to reach the city centre, after which the tour continues on foot. Taking through a mainly pedestrianised area, the guided walk begins at the foot of the old town and ends at its highest point, with information provided on the city's storied past as you go. Key landmarks include the 17th-century tity hall, 16th-century Hôtel de Cabre, the magnificent Cathedral of Saint Mary Major, completed in the late 19th-century, and Fort Saint-Jean, built in 1660 by order of Louis XIV. You'll also have some free time to explore the Vieux Port - the old harbour - area before catching a shuttle bus back to the ship.

Please note: This tour includes approximately 1.5 hours of moderate walking, at times over uneven surfaces. Guests of limited mobility are requested to evaluate their personal level of stamina and ability before taking part. All visits are external.

Price per adult (14 yrs and up) 39 € Price per child (up to 13 yrs) 27 €

CYCLE THROUGH MARSEILLE - MRSBK1

Duration



Since Marseille is France's second largest city and was 2013's European Capital of Culture, this cycling tour intends to showcase the best cultural highlights of the ancient city, parts of which date back to around 600 B.C.. You'll be covering about 30 km on a moderately difficult biking route, with a first break scheduled at Marseille Cathedral, a minor basilica since 1896, so you can go inside. After then passing Fort Saint-Jean, you'll skirt the old town en route to Palais Longchamp, home to two museums. One of these exhibits art, the other historical artefacts and the gardens once housed zoo animals in the 19th-century. Although the old enclosures still stand, they are now occupied by animal statues rather than the real thing. Pedalling on, you'll then reach Pharo Gardens from where you can snap great photos of the port. As a final treat, you'll have time to do some shopping in the town centre before you begin to cycle back to the ship.

Please note: the tour involves cycling along an approx. 25-km route and is suitable only for guests with a high level of physical fitness. Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent.

Price per adult (14 yrs and up) $59 \in$ Price per child (up to 13 yrs) $45 \in$

MARSEILLE E-BIKE DISCOVERY TOUR - MRSBK2

O Duration 5 h

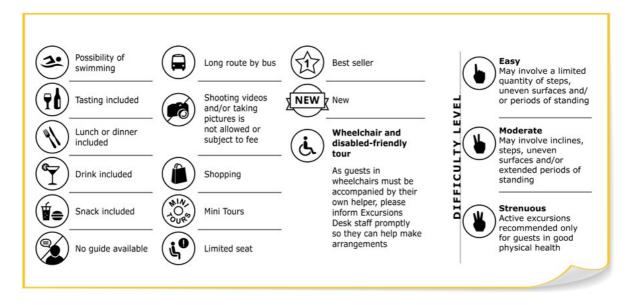


Explore the cultural highlights of France's second-biggest city on a pedelec, a bicycle with a small electric motor that assists you up to 25 km/h while pedalling. Your first stop is the Cathedral of St. Marry Major, right by the sea. From here, pass Fort Saint-Jean before skirting the city's picturesque old town. Longchamp Palace, housing two museums, is your next stop. It's worth stepping outside, too: the gardens used to be home to a 19th-century zoo and now hold animal statues. After all that culture, it's on to Notre-Dame de la Garde, located on a hilltop overlooking Marseille, for some splendid views over the city and its surroundings, before descending and riding through the countryside to the beach for a refreshment stop. Then before heading back to the port, there's just time for some shopping in the old town.

Please note: the tour involves cycling along an approx. 40-km route and is suitable only for guests with a high level of physical fitness. Children who are at least 155 cm tall are welcome to take part in this tour with the parent's/guardian's written consent. The stop at the beach is foreseen only during summer months.



KEY TO SYMBOLS



OUR EXCURSIONS CATEGORIES

ACTIVE & ADVENTURE	Head ashore in search of adventure! Opportunities for sport and fun range from trekking and snorkelling to kayak tours and 4x4 vehicle adventures. The active choice.

MSC BIKE ADVENTOURS

CITY TOUR	Explore the city centre with a guided tour and soak up the local scenery with a comfortable coach ride. The easy way to get to know your destination.
CULTURE AND HISTORY	Learn all about the history and culture of your destination, with visits to must-see locations and guided tours of key sites. The ideal route to local knowledge.
SCENIC ROUTE	Admire your destination in total comfort, with a scenic coach tour taking in the best views and the main places of interest. The relaxing road to discovery.
SOMETHING SPECIAL	Pursue your interests in new places! From gastronomic tours and guided shopping trips to religious visits, there's a world of pastimes and passions to explore.

MSC PROTECTOURS

Some excursions are very popular and therefore availability cannot always be guaranteed, it is advisable to book in advance to avoid disappointment.

ALL AREAS

The tour can be provided in 5 languages (ENG-DEU-FRA-ESP-ITA) and it depends on the availability of guides. The final language will be confirmed on board during your cruise



ONLY SOA

The tour can be provided in 6 languages (ENG-DEU-FRA-ESP-ITA-POR) and it depends on the availability of guides. The final language will be confirmed on board during your cruise